



WHAT IS EMOTION CODE?

Emotion Code is a life-changing healing modality to help release trapped emotions that are weighing you down consciously, or sub-consciously and keeping you from feeling your very best.

The premise of The Emotion Code is that the energy of past emotions can literally become trapped in your body during intense emotional events, affecting your physical, mental, emotional, and spiritual health.

These trapped emotions can cause depression, anxiety, block love and happiness, and cause a feeling of disconnectedness from others.

HOW DOES IT WORK?

The Emotion Code is a technique developed by Dr. Bradley Nelson, and it works by literally getting rid of emotional baggage. Using muscle testing, we quickly identify, and release hidden trapped emotions, which are harmful emotional energies from negative past events. Trapped emotions can cause depression or anxiety; they can block people from love and happiness and make them feel disconnected from others. Because trapped emotions are made of energy, just like the rest of the body, they exert an influence on the physical tissues, and can cause acute pain and even disease. Releasing trapped emotions makes conditions right for the body to heal physically, and emotional difficulties often disappear or become much easier to deal with.

The Emotion Code is non-invasive and totally safe. It can be performed in minutes and there is no need to re-live the event which makes it very cost effective compared to other kinds of therapy. Everything discussed or discovered is always confidential.

CAN YOUR KIDS AND PETS HAVE TRAPPED EMOTIONS?

YES! Just like you, your kids and pets can acquire trapped emotions. In fact, it is very common for mom and/or dad to pass along their trapped emotions to their children at the moment of conception, and also while the mother is carrying her baby in her womb.

As far as your pet is concerned, they can acquire the same trapped emotions that we humans do because they also can experience emotionally traumatic events such as abuse or abandonment. And, of course, they can also experience physical pain.

Heart Wall Release

Is Love Possible...Again?

It is estimated that 93% of the human population has a literal wall around their heart. We call this a **Heart-Wall**. It is made up of multiple layers of trapped emotional energy. The Heart-Wall is created by the subconscious mind in order to protect the heart from grievous injury. This serves as a protective mechanism when we need it. However, having a Heart-Wall long-term is like living in a bomb shelter...it's nice to have its protection while the bombs are falling, but if you have it forever you'll end up feeling disconnected and unfulfilled. Do you feel blocked from giving or receiving love? Have you suffered from an emotionally-traumatic loss? Divorce? Abuse?

Removing a Heart Wall can free you to find true love, to find passion in your life, to have others feel comfortable in communicating with you, and to open up to all forms of relationships - personal and professional.

- For you or your business**
- Release Limiting Beliefs**
- Resonating Relationships**
- Money/Abundance Blocks**

WHAT TO EXPECT AFTER A SESSION

After a session, we must process the emotions that were released.

Processing happens automatically. All emotions are processed, either at the end of an emotional experience when conditions are right, OR after being released with The Emotion Code.

The processing period lasts for one to three days.

During and after this time, you may experience a shift in how you feel mentally, spiritually, emotionally and/or physically. It is very common to feel lighter, calmer and happier. You may notice that symptoms you had are not so strong or have disappeared. You may also notice that you feel more motivated to achieve your goals.

About 20% of the time, processing symptoms may be experienced. This is usually quite brief but many include;

- Sleepiness
- Irritability or sensitivity
- “Echoes” of the emotions released